



News Release

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Sil-Lum Kung Fu School at 2nd World Martial Arts Games Sherwood Park school takes 15 medals for Team Canada

Sherwood Park, AB –

The Institute of Advanced Martial Arts & Chi Gung studies (Sil-Lum Gung Fu) is pleased to announce great success at the 2nd Official World's Martial Arts Games. Led by Master Edward Laramie, the kung fu team of 4 from Sherwood Park Alberta took home 15 medals in a tournament with top competitors from all over the world – Germany, USA, Great Britain, Australia and more.

The martial arts tournament was held on July 27, 28, 29 & 30th at the University Sport Arena in Regensburg, Oberpfalz, Germany. The event was produced by a group of National Team Directors that came up with the idea of a non-profit, democratic, World Martial Arts Games Organization (WMAG). They honour the structure of the International Olympic Committee, which is the guiding factor for all international sports.

“The international competition was impressive and I am very proud of our success at an event of this scale. We were proud to show the strength of Team Canada with members from our Gung Fu school”, says Sil-Lum Gung Fu Head Instructor Edward Laramie. The participants competed in all categories including hand forms, weapon forms, continuous and points sparring.

Medal distribution for Sil-Lum Gung Fu members include:

Edward Laramie:

(Men's Master's Black Belt)

- Gold in open hand
- Gold in long weapons
- Silver in short weapons
- Silver in point sparring

Candace Stinsman:

(Women's Red Belt)

- Gold in open hand
- Gold in long weapons
- Gold in point sparring
- Bronze in continuous sparring

Taylor Dilley:

(Under 18 Men's Blue Belt)

- Gold in open hand
- Gold in short weapons
- Gold in musical forms
- Silver in XMA open hand

Amanda McAstocker:

(Women's Yellow Belt)

- Silver in open hand
- Silver in long weapons
- Silver in continuous sparring



Sil-Lum Gung -Fu students, from left to right: Amanda McAstocker, Taylor Dilley and Candace Stinsman

About Sil-Lum Gung Fu: The Institute of Advanced Martial Arts & Chi Gung Studies (Sil-Lum Gung Fu) is dedicated to the advancement of Sil-Lum Pai & Chi Gung training. The school teaches Tibetan White Crane (Pak Hok Pai) together with Hung Gar Kung Fu. With over 30 years of instruction in the Edmonton area, Sil-Lum Gung Fu is one of Alberta's oldest and most experienced Kung Fu schools. Students are offered a traditional Chinese Gung Fu training method that combines meditation, breathing, with a set of focused movements to build personal agility and strength for physical, mental and spiritual well-being. The Sil-Lum Institute of Advanced Martial Arts and Chi Gung Studies

For information

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More information on the Worlds Martial Arts Games Organization can be found at:

www.worldmartialartsgames.com