



News Release

August 24, 2006

Sil-Lum Kung Fu School at 1st World Martial Arts Games Sherwood Park School takes 23 medals for Team Canada

Sherwood Park, AB – The Institute of Advanced Martial Arts & Chi Gung studies (Sil-Lum Gung Fu) is pleased to announce great success at the 1st Official World’s Martial Arts Games. Led by Master Edward Laramie, the kung fu team of 7 from Sherwood Park Alberta took home 23 medals in a tournament with top competitors from all over the world – Germany, USA, Great Britain, Australia and more. All qualified Team Canada participants, including the 7 from Sil-Lum Gung Fu, were selected from Gold medal winners across 5 separate martial arts competitions across Canada.

The martial arts tournament was held from August 18th – 20th in Victoria, B.C. The event was produced by a group of National Team Directors that came up with the idea of a non-profit, democratic, World Martial Arts Games Organization (WMAG). They honor the structure of the International Olympic Committee, which is the guiding factor for all international sports.

“Our top placement at an event of this scale, with top international participants, demonstrates the quality of Kung Fu training available right here in Canada. We were proud to show the strength of Team Canada with members from our Gung Fu school”, says Sil-Lum Gung Fu Head Instructor Edward Laramie.

The participants competed in all categories including hand forms, weapon forms, continuous and points sparring and San Sau (full contact takedown fighting). Medal distribution for Sil-Lum Gung Fu members include:

- Edward Laramie:
(Men’s Master’s Black Belt)
 - Gold in weapons, Silver in point sparring, Gold in hand forms
- Carol Laramie:
(Women’s Master’s Black Belt)
 - Gold hand forms, Gold in weapons, Bronze in point sparring
- Tom Haber:
(Executive Black Belt)
 - Gold in hand forms, Grand Champion in hand forms, Bronze in point sparring, Bronze in weapons
- Peter Houliaras:
(Black Belt)
 - Silver in San Sau, Bronze in Continuous Sparring, Silver in weapons, Silver in Hand forms
- Candace Stinsman:
(Women’s Colored Belts)
 - Gold in Weapons, Gold in hand forms, Silver in point sparring, Silver in continuous Sparring
- Arthur Laramie:
(Men’s Colored Belts)
 - Gold in Hand forms, Silver in point sparring, Gold in weapons
- Ryan Danyluik:
(Men’s Colored Belts)
 - Silver in hand forms and Silver in point sparring



Sil-Lum Gung Fu Team, from left to right: Edward Laramie, Arthur Laramie, Carol Laramie, Ryan Danyluik, Candace Stinsman, Tom Haber, Peter Houliaras

About Sil-Lum Gung Fu:

The Institute of Advanced Martial Arts & Chi Gung Studies (Sil-Lum Gung Fu) is dedicated to the advancement of Sil-Lum Pai & Chi Gung training. The school teaches Tibetan White Crane (Pak Hok Pai) together with Hung Gar Kung Fu. With over 30 years of instruction in the Edmonton area, Sil-Lum Gung Fu is one of Alberta's oldest and most experienced Kung Fu schools. Students are offered a traditional Chinese Gung Fu training method that combines meditation, breathing, with a set of focused movements to build personal agility and strength for physical, mental and spiritual well-being. The Sil-Lum Institute of Advanced Martial Arts and Chi Gung Studies is located at #33 Blackfoot Rd. Sherwood Park, Alberta, Canada

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More information on the Worlds Martial Arts Games Organization can be found at: www.worldmartialartsgames.com